#### When can

## Stress lead to Suicide

### Returning speaker: Jay Asher

Multi-Award Winning SLO Author Thirteen Reasons Why

### **Updates:**

- Warning Signs & What to Do
- Risk Factors for Veterans
- Impact of Alcohol and Drugs
- Community Resources Available
- Survivor Support Groups
- Youth & Elder Suicide

The Fifth Annual

# San Luis Obispo County Suicide Prevention Forums

Thursday, October 22, 2009 6:00 – 9:00pm ABC Church 6225 Atascadero Mall Atascadero, CA Tuesday, October 27, 2009 6:00 – 9:00pm United Methodist Church 1515 Fredericks St. San Luis Obispo, CA

No reservations necessary.

For more information, please call Hospice of SLO County at (805) 544-2266.

















CEUs available. Course meets the qualifications for 3 hours of continuing education credit for MFTs and LCSWs (as required by the CA State Board of Behavioral Sciences). CEUs provided by Hospice of San Luis Obispo County (Provider # PCE 7266).